

Kicks from the Penalty Mark Current as of 11/11/19

...where competition rules require there has to be a winning team after a match has been drawn.

Procedure:

- **The referee chooses the goal at which the kicks will be taken**
- **The referee tosses a coin and the team whose captain wins the toss decides whether to take the first or the second kick**
- **The referee keeps a record of the kicks being taken**
- **Subject to the conditions explained below, both teams take five kicks**
- **The kicks are taken alternately by the teams**
- **If, before both teams have taken five kicks, one has scored more goals than the other could score, even if it were to complete its five kicks, no more kicks are taken**
- **If, after both teams have taken five kicks, both have scored the same number of goals, or have not scored any goals, kicks continue to be taken in the same order until one team has scored a goal more than the other from the same number of kicks**
- **A goalkeeper who is injured while kicks are being taken from the penalty mark and is unable to continue as goalkeeper may be replaced by a named substitute provided his team has not used the maximum number of substitutes permitted under the competition rules**
- **With the exception of the foregoing case, only players who are on the field of play at the end of the match, which includes extra time where appropriate, are allowed to take kicks from the penalty mark**
- **Each kick is taken by a different player and all eligible players must take a kick before any player can take a second kick**
- **An eligible player may change places with the goalkeeper at any time when kicks from the penalty mark are being taken**
- **Only the eligible players and match officials are permitted to remain on the field of play when kicks from the penalty mark are being taken**
- **All players, except the player taking the kick and the two goalkeepers, must remain within the centre circle**
- **The goalkeeper who is the team-mate of the kicker must remain on the field of play, outside the penalty area in which the kicks are being taken, on the goal line where it meets the penalty area boundary line**
- **Unless otherwise stated, the relevant Laws of the Game and International F.A. Board Decisions apply when kicks from the penalty mark are being taken.**
- **If, at the end of a match and before kicks start to be taken from the penalty mark, one team has a greater number of players than its opponents, it must reduce its number to equate with that of its opponents and the team captain must inform the referee of the name and number of each player excluded. Any player thus excluded may not participate in the kicks from the penalty mark.**
- **Before the start of kicks from the penalty mark the referee shall ensure that only an equal number of players from each team remain within the center circle and they shall take the kicks.**
- **Goalposts, crossbar and nets must not be moving when a penalty is taken and the goalkeeper must not be touching them**
- **Goalkeeper must have at least part of one foot on, or in line with, the goal line when a penalty kick is taken; cannot stand behind the line. "When the ball is kicked, the defending goalkeeper must have at least part of one foot touching, or in line with, the goal line."**

“Frequently Asked Questions”

Q: Can the coach come on the field to organize the order of players?

A: Only if the coach asks, and referee grants permission, may the coach enter the field before the taking of kicks. However, the coach MUST leave the field before the kicks begin and may not re-enter the field.

Q: If a player leaves the field after the end of regulation time but before the taking of kicks is that player ineligible or committing misconduct?

A. Normally, no. This player is “temporarily” off the field and MUST return for the taking of kicks. (The player could be cautioned if the referee judges that the player has left in order to deceive the referee.) As a courtesy, players should remain on the field and move immediately to the center circle.

Q: Can we change keepers before or during the kicks?

A: Yes. Except for an injury (see above), the new keeper must be one of the players on the field and eligible to take kicks, and the former keeper remains as one of the eligible kickers.

Q: If one team ends the game “playing short”, can the other team count their goalkeeper as the one not taking the kicks?

A: Yes, but only if that goalkeeper leaves the field of play, and one of the players on the field (and taking kicks) replaces the goalkeeper.

Q: Does the coach or captain have to give a list of the order of shooters to the referee?

A: No. However, the referee must keep a record of which players shoot.

Q: If there is a rebound, can the kicker shoot again?

A: No.

Q: If the ball rebounds off a goal post or the goalkeeper and enters the goal, is it counted?

A: Yes.

Q: Does the goalkeeper shoot?

A: Yes, at any point in the sequence of players. The keeper must shoot if all team-mates have taken a shot and the keeper has not.

Q: What happens if all players and keepers have taken a shot and it is still tied?

A: The taking of kicks continues until there is a winner. Either team may use a different order of players for the second “round” of shots.

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