

Small Sided Games

Players on U13 and older teams play with the classic 11-a-side soccer. Players on U12 and below/younger play with modified rules. These rules are modified and include changes to the roster, ball, field and goal sizes. U6 through U9 play most of their teams within their club boundaries. Players U10 and older play teams within the SYSA boundaries. It is at the U11 level that teams identify which tier of play they desire- Gold, Silver or Bronze. The tiers are maintained depending on the pool of teams. Performance during the previous year is also considered in this determination.

Hillwood Soccer Club Small-Sided Games Program Format						
	U-6	U-7	U-8	U-9	U-10	U-11
Field Location	Highland Terrace	Syre	Cromwell Park	Parkwood / Meridian Park	Hillwood Park	Sunset Park
Goals*	6 ft. pop up	6 ft. pop up	6 ft. pop up	On site	On site	On site
SYSA rec	6' x 6'	6' x 6'	6' x 8'	6' x 12'	6' x 18'	6' x 18'
Ball Size	#3	#3	#3	#4	#4	#4
Center Circle (Yards)	6	6	6	10	10	10
Penalty Mark	No	No	No	No	No	Yes
Penalty Area					14	18
Play out line				Yes		
Rec. field dimension	20 x 30	20 x 30	20/25 x 35/40	20/30 x 35/45	30/35 x 35/55	35/50 x 50/80
Roster Size	6	6	8	10	12	14
Field Players (incl. GK)	3	3	4	6	7	9
Goal Keepers (GK)	No	No	No	Yes	Yes	Yes
Game Lengths (minutes)	4 x 8	4 x 10	2 x 25	2 x 25	2 x 25	2 x 30
Max Time	32	40	50	50	50	60
Referee	Coach/Parent	Coach/Parent	Coach/Parent	Level 8 - 11	Level 8 or 9	Level 8 or 9

SYSA Citywide League Guidelines								
Age (both genders)	U10	U11	U12	U13	U14	U15	U16	U17-U19
Max Roster Size	12	14	14	18	18	18	22 (18 on game day)	22 (18 on game day)
Field Players Including Goalkeeper	7	9	9	11	11	11	11	11
Ball Size	#4	#4	#4	#5	#5	#5	#5	#5
Goal Size	6.5x18.5	6.5x18.5	6.5x18.5	18x24	18x24	18x24	18x24	18x24
Game Time	25 min halves	30 min halves	30 min halves	35 min halves	35 min halves	40 min halves	40 min halves	45 min halves