

# U6 - U9 Practice Field Request 2019

For planning purposes, please provide the following information, emailed to Eric Strandberg at [booneberg@aol.com](mailto:booneberg@aol.com) (subject line: “Hillwood 2019 practices: *age group/team name*”, eg “GU9Bumblebees”).

Team name \_\_\_\_\_ U- \_\_\_\_\_ Boys/Girls  
Contact: \_\_\_\_\_ Email: \_\_\_\_\_  
Which elementary school(s) do your players attend? \_\_\_\_\_  
Preferred field(s) 1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
Preferred day(s)/times \_\_\_\_\_  
(note: U6-U9 teams generally practice for 1 hour 1-2 days/wk)

## Rec skills academy sessions U6-U9

Lastly, the U6-U9 rec skills academy sessions, which was offered to all Hillwood U6-U9 teams last year, is being reorganized for this fall and will be administered through SYSA rather than the Shoreline Seattle United Regional leadership. Details will be forthcoming, but the goal is to duplicate an every-other-week hour-long training opportunity for players and coaches during the first 6 weeks of the fall season.

If this program follows the pattern of the past 2 years, it would feature sessions:

1. every other week at SLAB (3 sessions spread over a 5-6 week period)
2. Monday or Tuesday nights (will be assigned)
3. Meant to take the place of one of your 2 practice sessions each week.
4. Coaches to attend.
5. All expenses paid by the SYSA.